EPA CULTURAL PSYCHIATRY SECTION REPORT 2022

SECTION COMMITTEE MEMBERS:

Chairperson: Dr. Iris Tatjana GRAEF-CALLIESS

Co-chairperson: Dr. Ilaria TARRICONE Secretary: Dr. Eleonora GAMBARO

LIST OF SECTION MEMBERS:

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Homayon CHAUDHRY;

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CALLIESS; Joseph ADO-IMOISILI;

Nikolay BOKHAN; Marc H.m.

HERMANS: Hans KURT; Levent KUEY;

Marianne KASTRUP; Andreas HEINZ;

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Zohra Bromand;

Anicet VINAY; Ahmed ALBASSAM;

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Victor PEREIRA-

Laura Emanuela

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METASTASIO;

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Thinzar PHYO;

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PERREIRA: MI HAACH; Theo HOFFMANN; Tatiana Thi-Minh-Tam: Viviana Storbini; Umut Altunöz; Mutafa Soomro:

Camilla Vecchi; Roumiana Kamenova; Sahah Siolali: Eckhardt Koch; Peter van Loon; Eva Janina Brandl; Eva Janina Brandl; Johanna Winkler; Ekin Sönmez; Elif Mutlu; Marion C Aichberger;

Adrian Mundt;

LAST SECTION COMMITTEE ELECTIONS HELD:

Date: 14.06.2021

Venue: online meeting

ACTIVITIES OF THE SECTION IN 2022:

Meetings/events

Discrimination and its impact on mental health: new evidence from research and clinical practice". Joint symposium EPA Section cultural psychiatry and WPA transcultural psychiatry section

Description:

Iris Graef-Calliess, Germany Meryam Schouler-Ocak, Germany

Speakers:

Dinesh Bhugra, UK: Racism and migration

Andreas Meyer-Lindenberg, Germany: Neurobiological underpinnings of racism Jean-Paul Selten, NL: The social defeat hypothesis and it's impact on mental health

Kamaldeep Bhui, UK: Racism and psychiatry

Workshop 02: Adolescence, Immigration, and Culture: Challenges and Strategies for Effective Care

Session Type Clinical/Therapeutic Session Time 08:00 - 09:30

Room Hall D Chair(s)

Adil Qureshi (Spain) Levent Küey (Turkey) Session Description

Organised by the EPA Section on Cultural Psychiatry. Adolescence is a time of considerable neuronal growth and psychosocial change, and in the context of migration can be particularly challenging for mental health care. This workshop will explore some of the more complex intersections of adolescence, immigration, and mental health, including gender, trauma, migration status. Effective psychiatric care of adolescents requires specialization, however, this specialization, for the most part, is monocultural and predicated on "Western" social and cultural norms. To that end this workshop will consist of brief presentations on some of the key issues related to adolescence and migration and interactive discussions in which participants can share questions and strategies used to both understand and to treat young people with immigrant backgrounds in general and unaccompanied migrant youth in particular

Location: Budapest/online Start date: 05/06/2022 End date: 05/06/2022

A Conflict of Interest: Forced to be Adult at Home, Bound to become an Adolescent in Europe

Description:

Presenter

Marc Hermans (Belgium) Lecture Time 08:00 - 08:14

Challenges for Identity Development in Youth Immigrants and Refugees Presenter

Iris T. Graef-Calliess (Germany) Lecture Time 08:14 - 08:28

Adolescents Living in Traumatized Families Presenter

Marianne C. Kastrup (Denmark) Lecture Time 08:28 - 08:42

Mental Health of Unaccompanied Immigrant Youth Presenter

Nadia Morales (Spain) Lecture Time 08:42 - 08:56

Peer Counselling in a Community Based Intervention for Unaccompanied Immigrant Youth Presenter

Adil Qureshi (Spain) Lecture Time 08:56 - 09:10

Location: BUDAPEST/online Start date: 05/06/2022 End date: 05/06/2022

Abstract Title: Psychiatric-psychotherapeutic and psychosocial care for refugees: effects and future prospects of the refuKey project - perspective of experts

Description:

Topic: Migration and Mental Health of Immigrants

Authors: N. Wendt, I. Graef-Calliess, K. Loos1, D. Finkelstein, V. Mohwinke, I. Özkan, G. Penteker1, B. Trilesnik; Netzwerk für Traumatisierte Flüchtlinge e.V., NTFN, Hannover, Germany, Hannover Medical School, Dept. of Psychiatry, Hannover, Germany, DTPPP, Transcultural Psychiatry, Psychotherapy and Psychosomatics, Hamm, Germany, Humboldt-Universität zu Berlin, Clinical Psychology, Berlin, Germany

Location: BUDAPEST/online Start date: 05/06/2022 End date: 05/06/2022

BUSINESS MEETING; 3.00-4.30 pm

Description:

Participants (in alphabetical order): Eleonora Gambaro (Italy), Iris Graef- Calliess (German), Ilaria Tarricone (Italy)

Welcome from the Chair

The Section Meeting started with a welcome from the Section Chair, Iris Graef-Calliess, and the Co-Chair, Ilaria Tarricone. The Section Chair briefly presented the Section and then invited each participant to introduce him or herself.

Adoption of agenda and approval of minutes of the previous meeting

Report of the board of the section

see the minutes of the meeting below.

Report on section coordination meeting 2022

Projects: educational course for NPAs, position paper, Horizon call

Ilaria Tarricone asked if section members are willing to participate in the next application of 'Strategic Plan' for Horizon Europe 2022 particularly interested in research studies analyzing mental health among migrants, starting from the results from EUGEI Projects

EPA Congress 2023

Two proposals for the next EPA Congress 2023 Future activities

Miscellaneous

The idea for a project outside the next EPA Congress on stigma and cultural impact of stigma with the aim to improve the contributes to this topic.

Location: online meeting **Start date:** 15/06/2022 **End date:** 15/06/2022

XXVII Congresso Nazionale SOPSI: intersoggettività, prevenzione, personalizzazione.

Description:

Symposium: IL FENOMENO DELLA MIGRAZIONE: CONFINI DELLA PSICOPATOLOGIA

RAZIONALE: Numerosi sono stati negli ultimi anni i cambiamenti demografici e sociali correlati alla migrazione, fenomeno cherappresenta una sfida dal punto di vista umanitario, politico, sociale e

sanitario. Chair: P. Zeppegno (Novara, Italia)

Date: 25/02/2022 16:00-17:00

La migrazione della diagnosi di psicosi nell'universo del disturbo post-traumatico I. Tarricone (Bologna, Italia) Acculturazione e psicopatologia nei migranti A. Ventriglio (Foggia, Italy) I confini della diagnosi: il paziente migrante nel contesto dell'emergenza-urgenza E. Gambaro (Novara, Italia)

Location: Rome

Start date: 20/06/2022 **End date:** 23/06/2022

German national conference

Description:

German national conference on implementing financial reimbursement for interpreters within the mental health care system in Germany: November 10-11, 2022, Berlin.

Further activities of Iris T. Graef-Calliess and M. Schouler-Ocak with the German Federal Ministry of Health.

Location: Berlin

Start date: 10/11/2022 **End date:** 11/11/2022

Publications

Religiosity, perceived Anti-Semitism, Xenophobia and Mental Health: Experiences of Jewish Immigrants from the former Soviet Union in Austria and Germany

Journal: Transcultural Psychiatry

Authors: Beata Trilesnik, Iris Tatjana Graef-Calliess, Thomas Stompe, Thomas Fydrich

(Expected) Publication date: 07/07/2022

Acknowledged as official Section publication? No

The role of cultural identity and acculturation in mental health of Jewish immigrants from the former Soviet Union in three receiving countries

Journal: Ethnicity & Health

Authors: Beata Trilesnik, Thomas Stompe, Sophie D. Walsh, Thomas Fydrich, Iris Tatjana Graef-Calliess.

(Expected) Publication date: 01/07/2022

Acknowledged as official Section publication? No

Cultural-related issue in assessment (Including culturally related presentation, clinical syndromes, assessment of culture in diagnostic systems).

Journal: In: 5 th edition of Tasman's Psychiatry; Springer Nature **Authors:** Meryam Schouler-Ocak, Iris Tatjana Graef-Calliess

(Expected) Publication date: 01/07/2022

Acknowledged as official Section publication? No

Recent developments in cultural psychiatry

Journal: Andrea Fiorillo, Peter Falkai and Philip Gorwood (Hg.): Mental Health Research and Practice: from evidence to experience. Cambridge. Cambridge University Press. 2023. noch nicht bekannt.

Authors: Graef-Calliess IT, Altunoz U, Galatolo M, Tarricone I, Bahadir S, Schouler-Ocak M

(Expected) Publication date: 01/07/2022

Acknowledged as official Section publication? No

Child maltreatment, migration and risk of first-episode psychosis: results from the multinational EU-GEI study.

Journal: Psychol Med., 1-11.

Authors: D'Andrea G, Lal J, Tosato S, Gayer-Anderson C, Jongsma HE, Stilo SA, van der Ven E, Quattrone D, Velthorst E, Berardi D, Rossi Menezes P, Arango C, Parellada M, Lasalvia A, La Cascia C, Ferraro L, La Barbera D, Sideli L, Bobes J, Bernardo M, Sanjuán J, Santos JL, Arrojo M, Del-Ben CM, Tripoli G, Llorca PM, de Haan L, Selten JP, Tortelli A, Szöke A, Muratori R, Rutten BP, van Os J, Jones PB, Kirkbride JB, Murray

RM, di Forti M, Tarricone I, Morgan C.

(Expected) Publication date: 02/10/2022

Acknowledged as official Section publication? No

Presentations at non-section events

FINDINGS FROM A GERMAN CLINICAL STUDY: REFUGEES PATHWAYS TO MENTAL HEALTH CARE

Setting: World Association of Cultural Psychiatry (WACP) Rotterdam

Presenter: Vera Mohwinkel, Beata Trilesnik, Daniela Finkelstein, Karin Loos, Gisela Penteker, Ibrahim

Özkan, Iris Tatjana Graef-Calliess. **Event Start date:** 14/09/2022 **Event End date:** 17/09/2022

Acknowledged as official Section presentation? No

Other Section activities

Description: Meetings/events

Online meeting **Date:** 23 March 2022

Seminary: La psichiatria transculturale 15.00: Introduzione, Ilaria Tarricone

15.30: Il paziente migrante: sfide e criticità nelle condizioni di acuzie, Patrizia Zeppegno 16.15: L'intervista culturale nel DSM V, Antonello Bellomo

17.00: Acculturazione e Salute mentale nel migrante, Antonio Ventriglio

18.15: Perdere la Patria: Macbeth e Aida.Online meeting via Google meet, Prof Giuseppina La Face

Event Start date: 23/03/2022 **Event End date:** 23/03/2022

Description:

EPA 2022 Budapest, Hungary: 30th European Congress of Psychiatry Conference 4-7 June 2022 as a fully virtual meeting.

Section Coordination Meeting **Event Start date:** 06/06/2022

Event End date: 06/06/2022 Outcomes

Date: Mon, 06.06.2022, 15:00 - 17:00

Presenter: Martina Rojnic Kuzman (Croatia) Geert Dom (Belgium) Judit Balazs (Hungary) Diogo Telles Correia (Portugal) Iris T. Graef-Calliess (Germany) Kris Goethals (Belgium) Gabriela Stoppe (Switzerland) Marcella Bellani (Italy) Andrea Raballo (Italy) István Bitter (Hungary) Greg M. Radu (United Kingdom) Merete Nordentoft (Denmark) Philippe Courtet (France) Umberto Volpe (Italy) Angelika Wieck (United Kingdom) Krzysztof Krysta (Poland) J.J. Sandra Kooij (Netherlands) Palmiero Monteleone (Italy) Arnstein Mykletun (Norway) Giovanni Stanghellini (Italy)

Description: ANNUAL REPORT of the full member of the Russian Academy of Sciences, Vice President of the Russian Society of Psychiatrists, President of the International Association of Ethnopsychologists and Ethnopsychotherapists, Honorary Scientist of the Russian Federation, MD, Professor Nikolay Bokhan, about activities relating to Cultural Psychiatry Section of the European Psychiatric Association Chapters

in the multi-author books Peshkovskaya A., Bokhan N., Mandel A. Badyrgy I. Alcohol Use and Resilience among the Indigenous Tuvinians of Siberia. Chapter in Part IV Culture and Treatment. In: Indigenous knowledge and mental health. A Global Perspective. Danto D., Zangeneh M., eds. Springer Nature Switzerland AG 2022 (January); 169-180 DOI: 10.1007/978-3-030-71346-1_10

Evseev V.D., Peshkovskaya A.G., Mandel A.I., Bokhan N.A. Non-suicidal self-injuries in conscripts. Chapter in: Suicidal and non-suicidal self-injuries in adolescents. P.B. Zotov, ed. Vector Book, Tyumen, 2021. 472 P.

The main articles

Elena G. Kornetova, Alexander N. Kornetov, Irina A. Mednova, Anastasia A. Goncharova, Valeria I.

Gerasimova, Ivan V. Pozhidaev, Anastasia S. Boiko, Arkadiy V. Semke, Anton J.M. Loonen, Nikolai A. Bokhan, and Svetlana A. Ivanova (2021). Comparative characteristics of the metabolic syndrome prevalence in patients with schizophrenia in three Western Siberia psychiatric hospitals. Front. Psychiatry. 12:661174021. doi: 10.3389/fpsyt.2021.661174

Geers LM, Ochi T, Vyalova NM, Losenkov IS, Paderina DZ, Pozhidaev IV, Simutkin GG, Bokhan NA, Wilffert B, Touw DJ, Loonen AJM, Ivanova SA. Influence of eight ABCB1 polymorphisms on antidepressant response in a prospective cohort of treatment-free Russian patients with moderate or severe depression: An explorative psychopharmacological study with naturalistic design. Hum Psychopharmacol. 2021 Nov 17: e2826. doi: 10.1002/hup.2826. Epub ahead of print. PMID: 34788473.

Bokhan N.A., Kisel N.I., Biche-Ool U.K., Mandel A.I. Formation of alcohol dependence in women of Tuvinian and Russian ethnicity. Siberian Herald of Psychiatry and Addiction Psychiatry.

2021. No. 4 (113). P. 14–13. (In Russ.). https://doi.org/10.26617/1810-3111-2021-4(113)-14-13 (in press)

Evseev VD, Peshkovskaya AG, Bokhan NA, Mandel AI. A screening study of nonsuicidal forms self-injurious behavior in persons of draft age. Zhurnal Nevrologii i Psikhiatrii imeni S.S. Korsakova. 2021;121(8):54-60. (In Russ.). https://doi.org/10.17116/jnevro202112108154

Kornetov A.N., Yazykov K.G., Kornetova E.G., Fedorenko O.Yu., Goncharova A.A., Semke A.V., Ivanova S.A., Shmukler A.B., Bokhan N.A. Normative assessment of cognitive functions on the Brief Assessment of Cognition in Schizophrenia (BACS) scale in the Tomsk population: constitutional factors of variability. Siberian Journal of Psychology. 2021; 82:137-152. (In Russ.). https://doi.org/10.17223/17267080/82/8

Bokhan N.A., Voevodin I.V. The appearance of alcohol dependence and prevention of cognitive coping in students and young specialists. Journal of Addiction Issues. 2021; 3(198):42-54. (In Russ.). https://doi.org/10.47877/0234-0623_2021_03_42

Event Start date: 01/01/2022 **Event End date:** 31/12/2022

FUTURE ACTIVITIES:

Meetings/events

ACTIVITIES AT THE UPCOMING ECP IN PARIS SYMPOSIUM

Description:

War in Ukraine - how do mental health care services manage this challenge?

Joint symposium of Committee of Ethical Issues and Section on Cultural Psychiatry War in Ukraine – how do mental health care services manage this challenge?

Europe experiences again a war of aggression which has already caused mass displacement and energy crisis and even fear about a nuclear war. Furthermore, it has induced inflation and energy crisis.

Evidence shows that a proportion of refugees or forcibly displaced people from Ukraine suffer from the consequences of traumatic events. Most of them are at risk for mental disorders, including post-traumatic stress disorder, depressive and anxiety disorders, and relapses in

traumatic stress disorder, depressive and anxiety disorders, and relapses in

psychotic episodes. Many of them fled to neighbouring countries where they face difficulties to access mental health care. Thus, mental healthcare services need to develop or expand strategies to address them which should be language- and culture sensitive, including cultural competence. In this joint symposium, strategies from different countries will be presented and discussed.

Chair - Meryam Schouler-Ocak, Germany Co-chair - Iris T. Graef-Calliess, Germany

Speaker 1 - Iris T. Graef-Calliess, Germany: Refugees from Ukraine in Germany –what are the consequences for the mental healthcare services in Germany?

Speaker 2 - Sofie Bäärnhielm, Sweden: What makes Sweden different from the other countries – the Swedish way

Speaker 3 - Silvana Galderisi, Italy: High number of refugees in Italy - which strategy works in Italy? Speaker 4 - Jerzy Samochowiec, Poland: High number of refugees in Poland – which strategy is being pursued?

Location: Paris

Start date: 25/03/2023 **End date:** 28/03/2023

ACTIVITIES AT THE UPCOMING ECP IN PARIS SYMPOSIUM

Description:

Digital transcultural psychiatry in times of crisis Chair: Umberto Volpe* 1

Co-Chair: Iris T. Graef-Calliess 2

Presenters: Martina Rojnic Kuzman 3, Christine Knaevelsrud 4, Sebnem Bahadir-Berzig 5, Natalia Maruta 6

1 Dept. of Experimental and Clinical Medicine, Università Politecnica delle Marche, Ancona, Italy, 2 Dept. for Psychiatry, Social Psychiatry and Psychotherapy, Medical School of Hannover, Hannover, Germany, 3 Dept. of Psychiatry, Zagreb University Hospital Centre, Zagreb, Croatia,

4 Dept. of Education and Psychology, Freie Universität Berlin, Berlin, Germany, 5 Institute of Translation Studies, UNIVERSITY OF GRAZ, Graz, Austria,

6 Institute of Neurology, Psychiatry and Narcology of , National Academy of Medical Science of Ukraine, Kharkiv, Ukraine

Recent events in Europe have induced rapid changes in psychiatric clinical practice, often reverting to digital psychiatry. While scientific literature has piled up, along the past decades, favoring the implementation of telepsychiatric services, empirical evidence concerning its use with clients who may

suffer from linguistic barriers and/or limited technological competency is still suboptimal. On the other hand, working with digital health care for migrants and refugees may pose relevant practical challenges in terms of communication, management, technology, stigma and clinical issues, that may in turn affect the delivery of care and need to be specifically addressed, with high flexibility and competency. Furthermore, digital mental health is a medical field in which the timing of scientific information turnover is quite rapid and thus constant updating is essential. Within this symposium, the most recent literature evidence will be reviewed and direct experience concerning screening, assessment, diagnosis and interventions of migrants and refugees with mental illnesses will be shared. Also, given that ethical and legal standards of digital health solution for transcultural psychiatry are still poorly defined and often poorly implemented, currently available indications for ethical and legal working frameworks in telepsychiatry will be presented. Finally, research evidence concerning newer technological solutions for dealing with transcultural issues in psychiatry, beyond the use of classical videoconferencing tools, will also be reported on.

Location: Paris

Start date: 25/03/2023 **End date:** 28/03/2023

NEXT SECTION BUSINESS MEETING

Description:

To be held during the ECP in Paris, in presence. To be scheduled by congress organizer.

Location: Paris

Start date: 25/03/2023 **End date:** 28/03/2023

Publications

Impact of new country, discrimination, and acculturation-related factors on depression and anxiety among ex-Soviet Jewish migrants: data from a population-based cross-national comparison study.

Publication date: 2023 Jan.

Acknowledged as official Section publication? No

Journal: Int Rev Psychiatry, 19:1-13.

Authors: Trilesnik B, Stompe T, Walsh SD, Fydrich T, Graef-Calliess IT

(Expected) Publication date: 11/01/2023

Acknowledged as official Section publication? Yes

Post-migration living difficulties, discrimination, and mental health of traumatized refugees in Germany: data from the refuKey project for timely and need-adapted treatment in a stepped-care setting

Journal: International Review of Psychiatry, DOI: 10.1080/09540261.2022.2164181

Authors: Iris Tatjana Graef-Calliessa, Lena Erdmannc, Vera Mohwinkel, Ibrahim Özkan, Daniela

Finkelstein, Karin Loos, Gisela Penteker and Beata Trilesnik.

(Expected) Publication date: 17/01/2023

Acknowledged as official Section publication? No

FUNDING IN 2022

Income: None

Source(s) of funding: None

Expenditure: None Balance: None

EPA Treasurer audit: No

Confirmation that income / expenditure is via EPA: No